

**1st UK BACKWARD RUNNING CHAMPIONSHIPS
HEATON PARK, MANCHESTER
SUNDAY 22 AUGUST 2010**

WOMENS RESULTS

Position	First Name	Surname	Time	Age	City
11	Josie	Johnson	24:50	30	Manchester
10	Julie	Mullan	23:09	32	Manchester
9	Catherine	Treagus	20:51	31	Manchester
8	Andrea	Lennon	20:51	68	Prestwich
7	Emma	Codd	19:48	29	Bolton
6	Helen	Lyon	18:12	28	Clevedon
5	Danielle	Sharp	16:43	30	Manchester
4	Antonia	Kanczula	15:17		London
3	Ally	Collins	14:57	26	Manchester
2	Elsbeth	Hughes	13:43	36	Manchester
1	Rachel	Butterfield	12:40	28	Hartlepool

MENS RESULTS

Position	First Name	Surname	Time	Age	City
23	Paul	Muldoon	DNS	24	Manchester
22	Nathan	Ashman	DNS	28	Rossendale
21	Gurdeep	Bains	20:15	50	Manchester
20	Richard	Shaffer	18:52	30	Manchester
19	Lawson	Dauer	18:40	57	Manchester
18	Jonathan	Smith	15:03	30	Manchester
17	Dan	Collins	14:57	28	Manchester
16	Adam	Frael	14:42	29	Manchester
15	Danny	Hewitt	14:19	33	Leeds
14	Mark	Hastings	14:01	39	Manchester
13	Keith	Tolley	13:17	47	Buxton
12	Stephen	Scullion	13:01	28	Manchester
11	Marc	Jones	12:59	19	Llanymynech (Wales)
10	Steffan	Willis	12:12	19	Ellesmere
9	Christopher	Eavers	12:06	56	Manchester
8	Rob	Daglish	12:05	29	Edinburgh
7	Luke	Wookey	11:58	28	Manchester
6	David	Emanuel	11:54	46	Littleborough
5	John Alexander	Butterfield	11:37	30	Hartlepool
4	Joel	Hicks	11:22	31	Hinckley
3	Alberto	Aponte	10:33	31	Manchester/Venezuala
2	Ian	Scullion	9:16	30	Manchester
1	Garret	Doherty	7:30	32	Dublin